

DAY	BREAKFAST	LUNCH	TEA
Monday 8th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Gammon & Apricot Pie Served with potatoes and seasonal vegetables SWEET: Bananas and Ice Cream DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Beans on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Tuesday 9th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Lamb & Mint Meatballs Served with potatoes and a selection of fresh vegetables SWEET: Homemade Jam Sponge and Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Soup with Bread & Butter <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Wednesday 10th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Braised Beef with Mushrooms in a Creamy Pepper Sauce Served with potatoes and vegetables SWEET: Homemade Peach Crumble with Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Scrambled Egg on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Thursday 11th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Fruity Somerset Pork Casserole Served with potatoes and vegetables SWEET: Strawberries and Ice Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Crumpets with Fillings <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Friday 12th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beer Battered Fish Served with chips, mushy peas and tartar sauce <u>OR</u> Poached White Fish Served with parsley sauce, potatoes and seasonal vegetables SWEET: Fruit Flan with Custard Top DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Tomatoes on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Saturday 13th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Sausage & Onions in Gravy Served with potatoes & vegetables SWEET: Homemade Mandarin Cheesecake DIABETIC: Mandarins and Ice Cream <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Cheese on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Sunday 14th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Roast Beef and Yorkshire Pudding Served with roast & mashed potatoes and a selection of vegetables SWEET: Caramel Apple Pie and Custard DIABETIC: Tinned Apples with Sultanas and Custard <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Pork Pie and Tomatoes <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Monday 15th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Salmon & Broccoli Lattice Served with potatoes and seasonal vegetables SWEET: Date Crumble and Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Chip Buttie <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Tuesday 16th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Melton Market Day Pie Served with potatoes and seasonal vegetables SWEET: Chocolate Sponge & Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Spaghetti on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Wednesday 17th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Chicken in White Wine and Herb Sauce Served with potatoes and a selection of fresh vegetables SWEET: Peaches and Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Cheese Pasty & Beans <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Thursday 18th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Sausage & Five Bean Casserole Served with potatoes and a selection of fresh vegetables SWEET: Lemon Meringue Pie DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Soup with Bread & Butter <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Friday 19th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beer Battered Fish Served with chips, mushy peas and tartar sauce Served with chips and mushy peas <u>OR</u> Poached White Fish Served with parsley sauce, potatoes and seasonal vegetables SWEET: Carrot Cake & Cream DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Croissants with Jam <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Saturday 20th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Braised Lamb & Shallots in Red Wine sauce Served with potatoes and vegetables SWEET: Egg Custard Tart DIABETIC: Banana Custard <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Crumpets with Jam, Butter or Cream Cheese <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Sunday 21st May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Roast Lamb with Garlic & Rosemary Gravy Served with roast and mashed potatoes and a selection of fresh vegetables SWEET: Scones with Jam & Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Tomatoes on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Monday 22nd May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Pork Steaks Topped with Stuffing Served with potatoes and a selection of vegetables SWEET: Syrup Sponge and Custard DIABETIC: Jam Sponge & Custard s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Fish Finger Sandwich <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Tuesday 23rd May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Chicken Fillets with Tomatoes, Peppers & Courgettes Served with potatoes and vegetables SWEET: Tinned Fruit & Ice Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Beans on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Wednesday 24th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Cottage Pie Served with potatoes & seasonal vegetables SWEET: Eton Mess DIABETIC: Eton Mess made with rich tea biscuits & yogurt <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Pate on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Thursday 25th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Pork & Apple Balls Served with potatoes and vegetables SWEET: Stewed Apples with Sultanas and Custard DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Ravioli with Pizza Slice <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Friday 26th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beer Battered Fish Served with chips, mushy peas and tartar sauce OR Poached white fish Served with parsley sauce, potatoes and seasonal vegetables SWEET: Trifle DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Tomatoes on Toast OR Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake OR Residents' individual choice of cooked tea.
Saturday 27th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Irish Stew Served with potatoes and vegetables SWEET: Bananas & Ice Cream & Chocolate sauce DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Sausage Roll and Fresh Tomatoes OR Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake OR Residents' individual choice of cooked tea.
Sunday 28th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Roast Pork with Apple Sauce & Stuffing Served with roasted and mashed potatoes and a selection of fresh vegetables SWEET: Bread & Butter Pudding & Custard DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Cheese on Toast OR Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake OR Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Monday 29th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beef Lasagne Served with potatoes and vegetables SWEET: Fruits of the Forest Flan and Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Soup & Bread & Butter <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Tuesday 30th May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Gammon & Leek Pie Served with potatoes and vegetables SWEET: Rice Pudding with Jam DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Scrambled Eggs on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Wednesday 31st May	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Fish Pie Served with a potatoes and vegetables SWEET: Chocolate Sponge & Custard or Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Crumpets with Jam, Cream Cheese or Butter <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Thursday 1st June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beef Burgers with Rich Tomato Sauce Served with potatoes and a selection of fresh vegetables SWEET: Strawberries and Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Spaghetti on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

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Friday 2nd June	Fruit Juices Prunes/Grapefruit Cereals Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beer Battered Fish Served with chips, mushy peas and tartar sauce <i>OR</i> Poached white fish Served with parsley sauce, potatoes and seasonal vegetables SWEET: Meringue Topped with Fruit & Cream DIABETIC: Fruit & Ice Cream <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Beans on Toast <i>OR</i> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <i>OR</i> Residents' individual choice of cooked tea.
Saturday 3rd June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Leek & Sausage Casserole Served with potatoes and seasonal vegetables SWEET: Crème Caramel DIABETIC: Lemon Mousse <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Pate on Toast <i>OR</i> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <i>OR</i> Residents' individual choice of cooked tea.
Sunday 4th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Roast Chicken with Stuffing Served with roast and mashed potatoes and a selection of fresh vegetables SWEET: Fruit Crumble with Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Croissants with Jam <i>OR</i> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <i>OR</i> Residents' individual choice of cooked tea.

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Monday 5th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Gammon & Apricot Pie Served with potatoes and seasonal vegetables SWEET: Bananas and Ice Cream DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Beans on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Tuesday 6th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Lamb & Mint Meatballs Served with potatoes and a selection of fresh vegetables SWEET: Homemade Jam Sponge and Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Soup with Bread & Butter <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Wednesday 7th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Braised Beef with Mushrooms in a Creamy Pepper Sauce Served with potatoes and vegetables SWEET: Homemade Peach Crumble with Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Scrambled Egg on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Thursday 8th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Fruity Somerset Pork Casserole Served with potatoes and vegetables SWEET: Strawberries and Ice Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Crumpets with Fillings <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Friday 9th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beer Battered Fish Served with chips, mushy peas and tartar sauce <u>OR</u> Poached White Fish Served with parsley sauce, potatoes and seasonal vegetables SWEET: Fruit Flan with Custard Top DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Tomatoes on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Saturday 10th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Sausage & Onions in Gravy Served with potatoes & vegetables SWEET: Homemade Mandarin Cheesecake DIABETIC: Mandarins and Ice Cream <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Cheese on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Sunday 11th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Roast Beef and Yorkshire Pudding Served with roast & mashed potatoes and a selection of vegetables SWEET: Caramel Apple Pie and Custard DIABETIC: Tinned Apples with Sultanas and Custard <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Pork Pie and Tomatoes <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

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Monday 12th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Salmon & Broccoli Lattice Served with potatoes and seasonal vegetables SWEET: Date Crumble and Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Chip Buttie <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Tuesday 13th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Melton Market Day Pie Served with potatoes and seasonal vegetables SWEET: Chocolate Sponge & Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Spaghetti on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Wednesday 14th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Chicken in White Wine and Herb Sauce Served with potatoes and a selection of fresh vegetables SWEET: Peaches and Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Cheese Pasty & Beans <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Thursday 15th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Sausage & Five Bean Casserole Served with potatoes and a selection of fresh vegetables SWEET: Lemon Meringue Pie DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Soup with Bread & Butter <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

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Friday 16th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beer Battered Fish Served with chips, mushy peas and tartar sauce Served with chips and mushy peas <u>OR</u> Poached White Fish Served with parsley sauce, potatoes and seasonal vegetables SWEET: Carrot Cake & Cream DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Croissants with Jam <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Saturday 17th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Braised Lamb & Shallots in Red Wine sauce Served with potatoes and vegetables SWEET: Egg Custard Tart DIABETIC: Banana Custard <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Crumpets with Jam, Butter or Cream Cheese <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Sunday 18th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Roast Lamb with Garlic & Rosemary Gravy Served with roast and mashed potatoes and a selection of fresh vegetables SWEET: Scones with Jam & Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Tomatoes on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

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Monday 19th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Pork Steaks Topped with Stuffing Served with potatoes and a selection of vegetables SWEET: Syrup Sponge and Custard DIABETIC: Jam Sponge & Custard s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Fish Finger Sandwich <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Tuesday 20th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Chicken Fillets with Tomatoes, Peppers & Courgettes Served with potatoes and vegetables SWEET: Tinned Fruit & Ice Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Beans on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Wednesday 21st June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Cottage Pie Served with potatoes & seasonal vegetables SWEET: Eton Mess DIABETIC: Eton Mess made with rich tea biscuits & yogurt <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Pate on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Thursday 22nd June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Pork & Apple Balls Served with potatoes and vegetables SWEET: Stewed Apples with Sultanas and Custard DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Ravioli with Pizza Slice <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Friday 23rd June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beer Battered Fish Served with chips, mushy peas and tartar sauce OR Poached white fish Served with parsley sauce, potatoes and seasonal vegetables SWEET: Trifle DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Tomatoes on Toast OR Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake OR Residents' individual choice of cooked tea.
Saturday 24th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Irish Stew Served with potatoes and vegetables SWEET: Bananas & Ice Cream & Chocolate sauce DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Sausage Roll and Fresh Tomatoes OR Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake OR Residents' individual choice of cooked tea.
Sunday 25th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Roast Pork with Apple Sauce & Stuffing Served with roasted and mashed potatoes and a selection of fresh vegetables SWEET: Bread & Butter Pudding & Custard DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Cheese on Toast OR Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake OR Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Monday 26th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beef Lasagne Served with potatoes and vegetables SWEET: Fruits of the Forest Flan and Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Soup & Bread & Butter <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Tuesday 27th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Gammon & Leek Pie Served with potatoes and vegetables SWEET: Rice Pudding with Jam DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Scrambled Eggs on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Wednesday 28th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Fish Pie Served with a potatoes and vegetables SWEET: Chocolate Sponge & Custard or Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Crumpets with Jam, Cream Cheese or Butter <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.
Thursday 29th June	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beef Burgers with Rich Tomato Sauce Served with potatoes and a selection of fresh vegetables SWEET: Strawberries and Cream DIABETIC: Same <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Spaghetti on Toast <u>OR</u> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <u>OR</u> Residents' individual choice of cooked tea.

DAY	BREAKFAST	LUNCH	TEA
Friday 30th June	Fruit Juices Prunes/Grapefruit Cereals Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Beer Battered Fish Served with chips, mushy peas and tartar sauce <i>OR</i> Poached white fish Served with parsley sauce, potatoes and seasonal vegetables SWEET: Meringue Topped with Fruit & Cream DIABETIC: Fruit & Ice Cream <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Beans on Toast <i>OR</i> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <i>OR</i> Residents' individual choice of cooked tea.
Saturday 1st July	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Leek & Sausage Casserole Served with potatoes and seasonal vegetables SWEET: Crème Caramel DIABETIC: Lemon Mousse <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Pate on Toast <i>OR</i> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <i>OR</i> Residents' individual choice of cooked tea.
Sunday 2nd July	Fruit Juices Prunes/Grapefruit Cereals Egg, Bacon, Sausage, Beans, Tomatoes, etc Toast, Marmalade, Honey & Jams Tea/Coffee	Selection of Fruit Juices, Sherry and Shandy Roast Chicken with Stuffing Served with roast and mashed potatoes and a selection of fresh vegetables SWEET: Fruit Crumble with Custard DIABETIC: Same s/f <i>Alternatives: Think about what you fancy and if we've got it, you can have it!</i>	Croissants with Jam <i>OR</i> Selection of sandwiches with side salad and crisps Desserts Fresh fruit Cake <i>OR</i> Residents' individual choice of cooked tea.